Long Beach
Community
Resource Guide
Guía de recursos comunitarios de Long Beach

In collaboration with
City of Long Beach Community Development,
Long Beach Public School Equity Committee, Long Beach Adult Learning Center
2023
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Preface

We are delighted to present a Community Resource Guide. This guide was a collaborative project created by the Long Beach City School District's Equity Committee, Long Beach City School District Adult Learning Center’s Literacy Zone, and the City of Long Beach. This guide has been designed to serve as a valuable tool for community members to access resources in the community and surrounding areas.

Having access to information and local resources is a vital aspect of building and strengthening our community. We hope that it will be a useful guide to navigate the resources and services available to our community members.

We recognize that the list is not exhaustive, and resources and services may be subject to change. We are committed to updating this guide to ensure that it remains accurate and relevant. We have a link to access this guide and we will work on updating it as needed.

We want to extend our gratitude to everyone who contributed to the guide.
CATHOLIC CHARITIES OF LONG ISLAND
90 Cherry Ln, Hicksville / 516-733-7000 ~ Mon-Fri: 9am-5pm
https://catholiccharities.cc/

CHILD PROTECTIVE SERVICES
24/HR Hotline: 1-800-342-3720 / Mandated Reporter Hotline: 1-800-635-1522
Mon-Fri: 9am-4pm ~ https://www.nassaucounty.ny.gov/1895/Social-Services

HUMAN RIGHTSCOMMISSION - NASSAU COUNTY
240 Old County Road, Ste. #606, Mineola / 516-571-3662
https://www.nassaucounty.ny.gov/2287/Commission-on-Human-Rights

NADAP (National Association for Drug Abuse Problems)
50 Clinton St., Ste. #610, Hempstead / Mon-Fri: 9am-5pm
516-620-1355 ~ https://www.nadap.org/
Job services for members of the HIV/AIDS community and those with criminal background

NASSAU COUNTY SOCIAL SERVICES DEPT.
60 Charles Lindbergh Blvd., #160, Uniondale
516-227-8519 / Mon-Fri: 8am-4pm ~ https://www.nassaucounty.ny.gov/1895/Social-Services

NASSAU COUNTY OFFICE OF HISPANIC AFFAIRS
40 Main St., 1st Fl., Hempstead / 516-572-0750 / Mon-Fri: 9am-4:45pm
https://www.nassaucounty.ny.gov/1584/Office-of-Hispanic-Affairs

NASSAU COUNTY OFFICE OF MINORITY AFFAIRS
1 West St., #323, Mineola / 516-572-2240 / Mon-Fri: 9am-5pm
https://www.nassaucounty.ny.gov/1729/Minority-Affairs

NASSAU COUNTY OFFICE OF ASIAN AMERICAN
1 West St., Mineola / 516-572-2244 / Mon-Fri: 9am-5pm
https://www.nassaucounty.ny.gov/4772/Asian-American-Affairs

NASSAU COUNTY DEPARTMENT SENIOR CITIZENS SERVICES
60 Charles Lindbergh Blvd., #260 Uniondale
516-227-8900 / Mon-Fri: 8am-4pm ~ https://www.nassaucounty.ny.gov/1438/Aging

NASSAU COUNTY CHEMICAL DEPENDENCY
60 Charles Lindbergh Blvd., #260, Uniondale / 516-227-7057 / Mon-Fri: 9am-4pm
https://www.nassaucounty.ny.gov/1691/Chemical-Dependency
NASSAU COUNTY HEROIN PREVENTION TASK FORCE  
District Attorney's Office ~ 262 Old Country Road, Mineola / 516-571-3800 / Mon-Fri: 9am-4:45pm  
https://www.nassauda.org/233/Heroin-Prevention-Task-Force

NASSAU COUNTY PROJECT WARM BED  
Phone 1-866-927-6233 / 516-572-3143 (call after 5pm)  
(provides referrals for a place to sleep for only that night)

NASSAU COUNTY VETERANS SERVICE AGENCY  
Nassau University Medical Center  
2201 Hempstead Tpke., Building Q, East Meadow / 516-572-6565 / Mon-Fri: 8am-4:45pm  
https://www.nassaucounty.ny.gov/1945/Veterans-Service-Agency

NASSAU/SUFFOLK HOSPITAL COUNCIL  
1383 Veterans Memorial Hwy., #28, Hauppauge  
631-435-3000 / 9am-5pm ~ https://suburbanhospitalalliance.org/nshc/

NY IMMIGRATION COALITION  
131 W. 33rd St., Ste. #610, New York  
212-627-2227 / Mon-Fri: 9am-6pm ~ https://www.nyic.org/

NY STATE DIVISION OF HUMAN RIGHTS  
50 Clinton St., Ste. #301, Hempstead  
516-539-6848 / Mon-Fri: 9am-5pm ~ https://dhr.ny.gov/

OFFICE OF IMMIGRANT AFFAIRS  
District Attorney's Office, 262 Old Country Road, Mineola  
516-571-3800 / Mon-Fri: 9am-4:45pm ~ https://nassauda.org/165/Immigrant-Affairs

UNITED WAY OF LONG ISLAND  
819 Grand Blvd, Deer Park  
631-940-3700 ~ https://www.unitedwayli.org/  
UNITED WAY OF LONG ISLAND YOUTHBUILD  
https://www.unitedwayli.org/youthbuild-long-island

URBAN LEAGUE OF LONG ISLAND  
600 Albany Avenue, Ste. 6, Amityville  
631-710-8332 ~ http://www.urbanleaguelongisland.org
Disability Assistance Services
Services de Asistencia para Discapacitados

AHRC NASSAU
189 Wheatley Road, #4, Brookville / 516-626-1000
https://www.ahrc.org/

ACCESS VR - (Adult Career & Continuing Education Services-Vocational Rehabilitation)
711 Stewart Ave., #4, Garden City / 516-227-6800 / Mon-Fri: 9am-5pm
https://opwdd.ny.gov/types-services/acces-vr

CEREBRAL PALSEY ASSOCIATION OF NASSAU COUNTY
https://cpnassau.org/

CIRCULO de la HISPANIDAD's CASA SERENIDAD (Serenity House)
26 West Park Ave., L.B. / 516-431-1135 ~ https://cdlh.org/housing-assistance/
(Provides permanent housing for homeless individuals singles and families living with a disability in Nassau County)

DISABLED AMERICAN VETERANS
GEN G S PATTON #209, 30 Nassau Blvd, Garden City South
718-277-8844 (Meets every 2nd Tuesday at 6pm)

LONG ISLAND ADVOCACY CENTER
(Ensures the legal rights of students & individuals with disabilities.)

NASSAU BOCES ADULT EDUCATION (Programs for Adults with Disabilities)
1196 Prospect Ave., Westbury ~ 516-622-6950
https://www.nassauboces.org/Page/5003

NASSAU COUNTY OFFICE FOR MENTAL HEALTH, CHEMICAL DEPENDENCY & DEVELOPMENTAL DISABILITIES SERVICES
60 Charles Lindbergh Blvd, Ste. #200, Uniondale ~ 516-227-7057

(SEE NASSAU COUNTY SOCIAL SERVICES)

NEW YORK STATE OFFICE of TEMPORARY and DISABILITY ASSISTANCE
40 North Pearl St., Albany ~ 518-473-1090 ~ https://otda.ny.gov
CIRCULO De La HISPANIDAD
26 W. Park Ave., B, L.B. ~ 516-431-1135
Mon-Fri: 9am-5pm ~ https://cdlh.org/

LONG BEACH AWARE
20 W Park Ave., Ste# 303, L.B. ~ 516-208-6205
https://longbeachaaware.org/

LONG BEACH CHAMBER OF COMMERCE
350 National Blvd., #1, L.B. ~ 516-432-6000
Tues-Thurs; 9am-5pm ~ https://thelongbeachchamber.com/

LONG BEACH CITY HALL
1 W. Chester St., L.B. ~ 516-431-1000
Mon-Fri; 9am-5pm ~ https://www.longbeachny.gov/

LONG BEACH LATINO CIVIC ASSOCIATION
780 Long Beach Blvd. (Bridgeworks), L.B. ~ 516-889-4912
Tues; 12-5pm, Wed: 10am-5pm, Thurs: 10am-5pm ~ https://www.lblatinocivic.org/
(Provides employment, housing, immigration, educational, Spanish language translation/interpretation assistance and referrals; as well as provides holiday food packages/toys, school supplies and clothing, along with cultural, environmental, economic and civic events and training)

LONG BEACH PUBLIC LIBRARY
111 W. Park Ave, L.B. ~ 516-432-7201
Mon, Wed, Thurs: 9am-8pm; Tues: 11a-8p; Fri-Sat: 9a-5p; Sun: 1-5p ~ https://longbeachlibrary.org/
(West End Branch)
903 West Beech St., L.B. ~ 516-432-2704
Sun-Tues: Closed; Wed: 4pm-8pm; Thurs: 2-6pm; Fri-Sat: 10am-2pm
(Point Lookout Branch)
79 Lido Blvd., Point Lookout ~ 516-432-3409
Sun-Tues: Closed; Wed: 4-8pm; Thurs: 2-6pm; Fri-Sat: 10am-2pm

LONG ISLAND REACH
12 West Park Ave., L.B. / 516-889-2332 (court liaison)
https://longislandreach.org/

LONG BEACH RECREATION CENTER
700 Magnolia Blvd., L.B. ~ 516-431-3890
Mon-Fri; 6am-9pm; Sat: 7am-6pm ~ https://www.longbeachny.gov/

MARTIN LUTHER KING CENTER
615 Riverside Blvd., L.B. ~ 516-240-2230
Sun-Sat: 10am-7pm ~ https://www.lbm1k.org/
(Agency Service Hours) Mon-Fri: 12pm-10pm

MOUNT SINAI SOUTH NASSAU
One Healthy Way, Oceanside ~ 516-632-3000
https://www.southnassau.org/sn
LONG BEACH ADULT LEARNING CENTER
500 Center St., LB. ~ 516-544-2945
Mon-Fri: 9am-3pm ~ http://www.lbeach.org/departments/the_adult_learning_center
(ESL Classes for adults, high school equivalency diploma program, GED, career counseling and employment services, digital literacy, free training programs for those eligible)

LONG BEACH PUBLIC LIBRARY (Main)
111 West Park Ave., L.B. ~ 516-432-7201
Mon, Wed, Thurs: 9am-8pm; Tues: 11am-8pm; Fri & Sat: 9am-5pm; Sun: 1pm-5pm
https://longbeachlibrary.org/

LONG BEACH PUBLIC SCHOOLS ADULT CONTINUING EDUCATION
239 Lido Blvd., L.B. ~ 516-897-2206 (Sept - Dec)
http://www.lbeach.org/departments/continuing_education

LONG BEACH PUBLIC SCHOOLS
235 Lido Blvd., L.B ~ 516-897-2104
http://www.lbeach.org

MAGNOLIA COMMUNITY CENTER
650 Magnolia Blvd, 2nd Fl., L.B. ~ 516-431-3510
https://www.longbeachny.gov/youth

THE HARRIET EISMAN COMMUNITY SCHOOL
165 E. Park Ave., L.B. ~ 516-889-5575
https://longislandreach.org/harriet-eisman-community-school
(Alternative high school diploma program)
ACCESS VR - (Adult Career & Continuing Education Services-Vocational Rehabilitation)
711 Stewart Ave., #4, Garden City / 516-227-6800 / Mon-Fri: 9am-5pm
https://opwdd.ny.gov/types-services/acces-vr

HEMPSTEADWORKS CAREER CENTER
50 Clinton St., 4th Fl., Hempstead / 516-544-2949 /Mon-Fri: 9am-4pm https://www.hempsteadworks.com/

HUNTER BUSINESS SCHOOL
(Nassau Mall) 3601 Hempstead Turnpike, Levittown
516-796-1000 / Mon-Thurs: 9a-8p; Fri: 9am-3pm ~ https://hunterbusinessschool.edu/

LITERACY NASSAU
1 Ivy Ln., Wantagh.
516-867-3580 / Mon-Thurs: 9am-8pm, Fri; 9am-5pm, Sat; 9am-12pm
https://www.literacynassau.org/

LONG ISLAND EDUCATIONAL OPPORTUNITY CENTER
2350 Broadhollow Rd., Farmingdale
934-420-2280 / Mon-Thurs: 9am-7p; Fri: 9am-4pm ~ https://longislandeoc.org
Provides free educational opportunities to underserved communities in Suffolk and Nassau County

LONG ISLAND ADVOCACY CENTER
999 Herricks Rd., New Hyde Park
516-248-2222 ~ https://theliac.org/

NASSAU BOCES ADMINISTRATION OFFICE
71 Clinton Rd., Garden City ~ 516-396-2205 / 9am-4pm (schools for all ages & abilities)
https://www.nassauboces.org/Page/7820

NASSAU COMMUNITY COLLEGE CAREER COUNSELING
One Education Dr., (Nassau Hall, M-Rm 19), Garden City.
516-572-7501 / Mon-Thurs: 9am-4:45pm, Fri (remote) 9am-4:45pm
https://www.ncc.edu/campusservices/career_counseling/

NASSAU COUNTY CIVIL SERVICE COMMISSION
40 Main St., Ste. #200, Hempstead
516-572-1882 / Mon-Fri: 9am-4:45pm http://www.nassaucivilservice.com/NCCSWeb/homepage.nsf/HomePage?ReadForm

UNITED WAY OF LONG ISLAND YOUTHBUILD
819 Grand Blvd., Deer Park / 516-485-5000 x1352
https://www.unitedwayli.org/youthbuild-long-island
BOARD OF EDUCATION
http://www.lbeach.org/boardofeducation/default.aspx
To contact the Board of Education, please email the District Clerk at ldolan@lbeach.org or call
516-897-2108

EAST SCHOOL (Pre-K - 5th grade)
456 Neptune Blvd. - Main Office/Principal: Kathleen Connolly (516-897-2184)
Assistant Principal: Cristine Zawatson (516-897-2246) / Nurse: (516-897-2186)

LIDO SCHOOL (Pre-K - 5th grade)
237 Lido Blvd. - Main Office/Principal: Ivelisse Hernandez, Ed.D. (516-897-2140)
Assistant Principal: Christopher Webel (516-897-2141) / Nurse: (516-897-2148)

LINDELL SCHOOL (Pre-K - 5th Grade)
601 Lindell Blvd. - Main Office/Principal: Dr. Jennifer Pullara (516-897-2198)
Assistant Principal: Anna McGovern (516-897-2191) / Nurse: (516-897-2211)

WEST SCHOOL (Pre-K - 5th Grade)
91 Maryland Ave. - Main Office/Principal: Amy Dirolf (516-897-2215)
Assistant Principal: Sarah Kugelman (516-897-2213) / Nurse: (516-897-2218)

MIDDLE SCHOOL
239 Lido Blvd. - Main Office: (516-897-2166) / Principal: Erica Northcutt (516-897-2162)
Vice Principals: Keith Biesma & Eliot Lewin (516-897-2163/2170) / Nurse: (516-897-2150)
Guidance Office: (516-897-2167)

HIGH SCHOOL
322 Lagoon Dr. West - Main Office: (516-897-2012) / Principal: Jeffrey Myers
Vice- Principals: Francine Newman Ed.D, Elizabeth Walsh-Bulger, Andrew Smith Ed.D
Nurse: (516-897-2070) / Guidance Office: (516-897-2019)

ELEMENTARY DISTRICT LIAISON: Deborah Bernardino Arden 516-897-2173 (Bilingual:
Spanish/English)
SECONDARY DISTRICT LIAISON: Shelly Cepeda 516-771-3343
ATHLETICS - http://www.lbeach.org/departments/athletics
CONTINUING EDUCATION - http://www.lbeach.org/departments/continuing_education
FINANCE and OPERATIONS - http://www.lbeach.org/departments/finance_operations
FOOD SERVICES - http://www.lbeach.org/departments/food_services
GUIDANCE DEPARTMENT - http://www.lbeach.org/departments/school_counseling_department
HEALTH and SAFETY - http://www.lbeach.org/departments/health_safety_finance_operations
OFFICE OF HUMAN RESOURCES - http://www.lbeach.org/departments/personnel
PUPIL PERSONNEL SERVICES - http://www.lbeach.org/departments/pupil_personnel_services
REGISTRATION - http://www.lbeach.org/departments/registration_pps
SCHOOL COUNSELING DEPARTMENT -
http://www.lbeach.org/departments/school_counseling_department
TRANSPORTATION - http://www.lbeach.org/departments/transportation
Tutoring Services /Parenting Workshops
Services de Tutoria/Talleres para Padres

LONG BEACH PUBLIC SCHOOLS EDUCATIONAL AT-HOME RESOURCES (K-12)
http://lbeach.org/resources/at_home_learning

EAC NETWORK - Long Island Parenting Institute
99 Quentin Roosevelt Blvd, Ste. #200, Garden City / 516-539-0150
https://eac-network.org/li-parenting-institute/

BEFORE/AFTER SCHOOL PROGRAM: JCC (K-5)
http://lbeach.org/Assets/22-23_Lido_Documents/072722_2223_website_Long-Beach-REGISTRATION-22-23.pdf?t=637945259153970000

AFTER SCHOOL PROGRAM-CIRCULO
http://lbeach.org/Assets/East_22-23/090622_flyer.pdf?t=637980662860870000

ACTIVE PARENTING PROGRAMS: K-12
LONG BEACH AWARE
20 W Park Ave., Ste# 303, L.B. / 516-208-6205
https://longbeachaware.org/ ~ Judi Vining, Executive Director
MEALS ON WHEELS
EAC Long Beach
516-992-0081 x206 ~ [https://eac-network.org/meals-wheels-seniors/](https://eac-network.org/meals-wheels-seniors/)

CIRCULO De La HISPANIDAD
26 W. Park Ave., B, L.B.
516-431-1135 ~ [https://cdlh.org/](https://cdlh.org/)
Food Distribution: Thurs: 2pm-4pm (Grab n Go bags)

EVANGEL REVIVAL COMMUNITY CHURCH (Vision of Hope Food Pantry)
569 National Blvd., L.B.
516-670-4435 / Wed. 12pm-2pm

LONG BEACH SOUP KITCHEN
140 W. Pine St., L.B.
516-897-2763 ~ [https://longbeachsoupkitchen.org/](https://longbeachsoupkitchen.org/)
Pantry open: Mon & Thurs 11:15am-12:45pm; Meals Served: Mon-Sat: 11:15am-12:45pm

MARTIN LUTHER KING CENTER
615 Riverside Blvd., L.B. ~ 516-240-2230 ~ [https://www.lbmlk.org/](https://www.lbmlk.org/)
Food Pantry: Open Friday 9:30am

NEW LIFE CHURCH OF CHRIST
124 W. Chester St., L.B.
516-889-2357 ~ [https://newlifechurchofchristdisciplesofchrist-org.webs.com/](https://newlifechurchofchristdisciplesofchrist-org.webs.com/)
1st & 3rd Sat; 9:30am-12pm

ST MARY of the ISLE R.C. - FOOD DISTRIBUTION CENTER
721 Broadway, L.B.
516-432-0157 ~ [https://beachcatholic.com/](https://beachcatholic.com/) ~ Mon-Fri, 10:45am-11:45am

LONG ISLAND CARES /THE HARRY CHAPIN FOOD BANK
631-582-3663 ~ [https://www.licares.org/](https://www.licares.org/) (local distribution locations)

ISLAND HARVEST FOOD BANK DISTRIBUTION CENTER
126 Spagnoli Road, Melville
516-294-8528 ~ [https://www.islandharvest.org/](https://www.islandharvest.org/) ~ Mon-Fri: 8:30am-5pm

MARY BRENNAN INN
100 Madison Ave, Hempstead / 516-486-6243
[https://the-inn.org/](https://the-inn.org/) ~ Mon-Fri: 9am-2pm (Bag lunches); Fri: 9am-2pm (Pantry Bags)
CHRISTIAN LIGHT MISSIONARY BAPTIST CHURCH

CENTERPOINT CHURCH
455 Neptune Blvd., L.B. / 516-889-2357 ~ https://cpchurch.com/

CRUZADA EVANGELICA MISIONERA CHURCH

EVANGEL REVIVAL COMMUNITY CHURCH
569 National Blvd., L.B. / 516-826-0432

HARVEST ON THE ATLANTIC
191 Long Beach Road, Island Park / 712-249-0290

LONG BEACH SPANISH SEVENTH DAY ADVENTIST CHURCH
75 E. Olive St., L.B. / 516-432-7771 or 516-773-7132

NEW LIFE CHURCH OF CHRIST
124 West Chester St., L.B. / 516-889-2357

ST. IGNATIUS MARTYR CHURCH

ST. JAMES OF JERUSALEM BY THE SEA
220 W. Penn St., L.B. / 516-432-1080 ~ https://www.stjameslb.org/

ST. JOHN'S LUTHERAN CHURCH BY THE SEA
75 E. Olive St., L.B. / 516-432-7771 ~ https://www.stjameslb.org/

ST. MARY OF THE ISLE RC
315 E. Walnut St., L.B. / 516-432-0157 ~ https://beachcatholic.com/

THE PEOPLE'S COMMUNITY CHURCH
BACHUREI CHEMED - BACH Jewish Center

CHABAD OF THE BEACHES
570 W. Walnut St., L.B. / 516-574-3905 ~ https://www.chabadofthebeaches.com/

LIDO BEACH SYNAGOGUE
1 Fairway Rd., Lido Beach / 516-889-9650 ~ https://lidoshul.org/

MAHA SHIVA MANDIR
610 Laurelton Blvd., L.B. / 516-431-3139

MIKVAH OF LONG BEACH
280 E. Penn St., L.B. / 516-897-4665 ~ https://www.yilb.org/long-beach/mikvah/

SEPHARDIC CONGREGATION OF LONG BEACH
161 Lafayette Blvd., L.B. / 516-431-3590 ~ https://www.benaiasher.org/

SOUTH SHORE JEWISH CENTER
191 Long Beach Rd., Island Park / 516-431-3590 ~ https://ssjcli.org/

TEMPLE BETH-EL
570 West Walnut St., L.B. / 516-432-1678

TEMPLE EMANU-EL OF LONG BEACH
455 Neptune Blvd., L.B. / 516-431-4060 ~ https://templeemanuellongbeach.org/

TEMPLE ISRAEL OF LONG BEACH
305 Riverside Blvd., L.B. / 516-432-1410 ~ http://www.templeisraeloflb.org/

TEMPLE ZION

YOUNG ISRAEL OF LONG BEACH
120 Long Beach Blvd., L.B. / 516-431-2404 ~ https://www.yilb.org/
Senior Services
Servicios para Personas Mayores

EAC Network - LONG BEACH SENIOR COMMUNITY SERVICE CENTER
75 East Walnut St., L.B. / 516-432-5555
Mon-Fri: 9:30am-2pm

FAMILY & CHILDREN'S ASSOCIATION
377 Oak St., 5th Fl., Garden City / 516-746-0350
Mon-Thurs: 9am-8pm; Fri: 9am-5pm (Senior Services)
https://fcali.org/programs-and-services/senior-and-adult-services

JASA SENIOR COMMUNITY SERVICES
570 W. Walnut St., L.B. / 516-432-5555 ~ https://www.jasa.org/

JASA JEWISH ASSOCIATION for SERVICES
162 W Park Ave., L.B. / 516-432-0570 ~ https://www.jasa.org/

MAGNOLIA COMMUNITY CENTER
650 Magnolia Blvd., L.B. / 516-431-3510
Mon-Fri, 9am-4pm ~ https://www.longbeachny.gov/seniors

MARTIN LUTHER KING CENTER
615 Riverside Blvd., L.B. / 516-240-2230
Daily: 10am-7pm ~ https://www.lbmlk.org/

DEPARTMENT OF HUMAN SERVICES DEPT FOR THE AGING
60 Charles Lindbergh Blvd., #260, Uniondale / 516-227-8900
https://www.nassaucountyny.gov/agencies/Seniors/index.html
NURSING HOMES

BEACH TERRACE CARE CENTER
640 W. Broadway, L.B. / 516-431-4400
https://www.beach-terrace.com/

GRANDELL REHABILITATION and NURSING CENTER
645 W. Broadway, L.B. / 516-889-1100
Open 24hrs ~ https://www.grandellrehab.com/

LONG BEACH ASSISTED LIVING
274 W. Broadway, L.B. / 516-431-1400
https://www.longbeachalp.com/

LONG BEACH NURSING & REHABILITATION CENTER
375 E. Bay Dr., L.B. / 516-897-1000
https://longbeachnrc.com/

PARK AVENUE EXTENDED CARE
425 National Blvd., L.B. / 516-431-2600
https://www.parkavecare.com/
Child Care Services
Servicios de Cuidado de Ninos/Ninas

BARRY and FLORENCE FRIEDBERG JEWISH COMMUNITY CENTER (JCCV)
15 Neil Ct., Oceanside. / 516-766-4341
Mon-Thurs: 6:30am-8pm, Fri: 6:30am-5pm, Sat: 8am-1pm, Sun: 8am-3pm
https://friedbergjcc.org/

CIRCULO De La HISPANIDAD -(after school program)
456 Neptune Blvd., L.B. / 516-431-1135
Mon-Fri until 6pm ~ https://cdlh.org/

LONG BEACH FULL YEAR HEAD START - EOC
1 E Pine St., L.B. / 516-544-4051
Mon-Fri: 8:30am-3:30pm ~ https://www.eoc-nassau.org/head-start

Housing Services
Servicios de Vivienda

LONG BEACH HOUSING AUTHORITY
500 Centre St., L.B. / 516-431-2444
Mon-Fri: 9am-5pm ~ https://lbhany.org/

ISLAND PARK SENIOR HOUSING
347 Long Beach Rd., Island Park / 516-889-7570

LONG ISLAND HOUSING PARTNERSHIP
180 Oser Ave., Ste. #800, Hauppauge / 516-431-4710 ~ https://www.lihp.org/

LONG ISLAND HOUSING SERVICES
640 Johnson Ave, Ste. #8, Bohemia / 516-292-0400
www.lifairhousing.org

UNITY CARE INC
80 Vinton St., L.B. / 516-442-3080 ~ https://www.unitycare.org/
(youth/young adults aging out of foster care)

See: Mary Brennan Inn (under food banks)
See: Nassau County Social Services
Legal Services/Immigration Services
Servicios Legales/ Servicios de Inmigración

LONG ISLAND REACH
12 West Park Ave., L.B. / 516-889-2332 (court liaison)
https://longislandreach.org/

CATHOLIC CHARITIES OF LONG ISLAND - Migration Office
147 Schleigel Blvd, Amityville / 631-789-5210 ~ Mon-Fri: 9am-5pm
https://catholiccharities.cc/
Asylum, Consular Processing and Travel Services, DACA/TPS, Deportation/Defense from Removal, Freedom of Information Act Requests, Naturalization/Citizenship, Other Services, Petitions, Victims of Crime

CENTRAL AMERICAN REFUGEE CENTER (CARECEN)
91 N. Franklin St., Ste. #208, Hempstead / 516-489-8330 ~ Mon-Fri: 9am-5pm
https://www.carecenny.org/

LATINO JUSTICE PRLDEF
Columbia University
475 Riverside Drive, Ste. #1901, New York / 212-219-3360 ~ Mon-Fri: 9am-5pm
https://www.latinojustice.org/en

LEGAL INFORMATION FOR FAMILIES (LIFT)
800-696-8629 / Mon-Fri: 9am-1pm & 2pm-5pm
www.LIFTonline.org
(information & guidance on cases of: child support, custody/visitation, paternity & family court orders of protection)

NASSAU SUFFOLK LAW SERVICES VOLUNTEER LAWYERS PROJECT
1 Helen Keller Way, Hempstead / 516-292-8100 ~ Mon-Fri: 9am-5pm
https://www.lawhelpny.org/organization/nassau-suffolk-law-services-committee-inc-pro-1

PUBLIC ADVOCACY TOURO LAW CENTER EMPIRE JUSTICE CENTER
225 Eastview Drive, Room 222, Central Islip / 631-650-2306
https://www.tourolaw.edu/StudentResources/william-randolph-hearst-public-advocacy-center
VETERANS FOREIGN WAR - Post #1384
675 W Park Ave., L.B. / 516-432-9138

VETERAN HOME BUYERS NETWORK
215 E Broadway #5F, L.B. / 917-960-8846
https://veteranshomebuyersnetwork.com/

AMERICAN LEGION EAST ROCKAWAY
71 Main St, East Rockaway / 516-599-5335 ~ https://www.legion.org/

AMERICAN LEGION HEMPSTEAD - Post #390
160 Marvin Ave., Hempstead / 516-486-9532 ~ https://www.alpost390.org/

AMERICAN LEGION OCEANSIDE - Post #1246
3078 Lawson Blvd., Oceanside / 516-764-0797 ~ https://www.facebook.com/OceansideNYLegion/

BUILDING HOMES FOR HEROES
4584 Austin Blvd., Island Park / 516-944-9220 ~ https://www.buildinghomesforheroes.org/

DISABLED AMERICAN VETERANS (See Disability Assistance)

LYNBROOK VETERAN'S ASSOCIATION
235 Merrick Rd., Lynbrook / 516-599-8846
Mon, Wed, Thurs: 10am-9pm; Tues: 1-9pm; Fri & Sat: 10am-5pm

NASSAU COUNTY AMERICAN LEGION
121 Powell Ave., Rockville Centre / 516-536-3796

NASSAU COUNTY VETERANS SERVICE AGENCY
2201 Hempstead Tnpk, Building Q, East Meadow
516-572-6565 ~ Mon-Fri: 8am-4:45pm
https://www.nassaucountyny.gov/1945/Veterans-Service-Agency

US DEPARTMENT OF VETERANS AFFAIRS
800-698-2411 ~ https://www.va.gov/
24/7 Crisis hotline: Call 988, select 1 or text: 838255
LONG ISLAND REACH
12 West Park Ave., L.B. / 516-889-2332 (drug, alcohol, mental illness)
Mon-Thur: 9am-9pm; Fri: 9am-5pm ~ https://longislandreach.org/

CENTRAL NASSAU GUIDANCE and COUNSELING SERVICES, INC.
950 S Oyster Bay Rd., Hicksville / 516-822-6111
Mon-Fri 9am-6pm; Sat: 9am-1pm ~ https://centralnassau.org/

EPIC LONG ISLAND - SOUTH SHORE GUIDANCE CENTER
91 Guy Lombardo Ave., – Unit 1, Freeport / 516-868-3030
https://www.epicli.org/south-shore-guidance/

FAMILY & CHILDREN’S ASSOCIATION
377 Oak Street, 5th Fl., Garden City / 516-746-0350
Mon-Thurs: 9am-8pm; Fri: 9am-5pm (drug, alcohol, mental illness, prevention services & Senior services)
https://fcali.org/

HISPANIC COUNSELING CENTER
344 Fulton Ave, Hempstead / 516-538-2613
Mon-Thurs: 9am-8pm; Fri-Sat: 9am-4pm (drug, alcohol, mental health, prevention services)
https://www.hispaniccounseling.org/

LONG ISLAND COUNSEL ON ALCOHOLISM AND DRUG DEPENDENCE (LICADD)
1025 Old Country Rd., Ste. #221, Westbury / 516-747-2606
Mon, Thurs, Fri: 8:30am-5pm; Tues & Wed: 8:30am-9pm; Sat: 9am-4pm
24/7 Hotline: 631-979-1700 ~ https://licadd.org/

LONG ISLAND CRISIS CENTER
24/7 Crisis Hotline: 516-679-1111
MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY
16 Main St., Hempstead / 516-489-2322
https://www.mhanc.org

MERCY HOSPITAL COUNSELING CENTER - PSYCHIATRIC DEPARTMENT
1000 N Village Ave, Rockville Centre / 516-705-2525
https://www.chsli.org/mercy-hospital

NASSAU COUNTY DOMESTIC VIOLENCE
60 Charles Lindbergh Blvd, Uniondale / 516-227-8519; (after hours: 516-573-8626)
Mon-Fri: 8am-4pm ~ https://www.nassaucountyny.gov/1913/Domestic-Violence

NASSAU COUNTY MENTAL HEALTH RESOURCES FOR FAMILIES & CHILDREN
https://www.nassaucountyny.gov/4987/Mental-Health-Resources-for-Children-and

NY STATE OFFICE OF ADDICTION SERVICES & SUPPORT (OASAS)
HOPE NY: 1-877-8-HOPENY or TEXT: HOPENY to 467369

OCEANSIDE COUNSELING CENTER
71 Homecrest Ct., Oceanside / 516-766-6283
Mon & Tues: 9am-9:30pm; Wed & Thurs: 9am-9pm; Fri: 9am-4pm; Sat: 9am-1pm
https://oceansidecounselingcenter.com/

PLANNED PARENTHOOD
540 Fulton Ave., Hempstead ~ 516-750-2500
Mon-Thurs: 8a-7p; Fri: 8a-6p; Sat: 8a-3p
https://www.plannedparenthood.org/health-center/new-york/hempstead/11550/hempstead-center-3321-91110

THE SAFE CENTER-LI
15 Grumman Rd. W, Ste. #1000, Bethpage / 516-465-4700
(Domestic Violence) 24/7 hotline: 516-542-0404
Mon-Fri: 9am-5pm ~ https://www.tscli.org/
Grief Counseling Services
Servicios de Consejería de Duelo

CAMP GOOD MOURNING
631-772-9115 / www.campgoodmourning.org

COPE Foundation
Hotlines/Crisis Numbers; Loss/Grief websites; Hospice Options
copefoundation.org/resources-and-referrals

MOUNT SINAI SOUTH NASSAU - Virtual Bereavement Group.
To register: 516-377-5400
https://www.southnassau.org/sn/bereavement-group

LGBTQIA+ Services
Servicios LGBTQIA+

LONG ISLAND CRISIS CENTER
PFY Nassau
2050 Bellmore Ave., Bellmore
Nassau: 516-679-9000 / Crisis/Suicide 24/7 Hotline: 516-679-1111
https://longislandcrisiscenter.org/prideforyouth/individual-and-family-counseling/

NORTHWELL HEALTH
1-888-321-DOCS
https://www.northwell.edu/doctors-and-care/lgbtqia-services

NYC HEALTH + HOSPITALS:
https://www.nychealthandhospitals.org/services/lgbtq-health-care-services/
LGBTQA Helplines: 1-800-246-7743
https://www.cdc.gov/lgbthealth/health-services.htm

NY STATE OFFICE OF CHILDREN & FAMILY SERVICES
https://ocfs.ny.gov/programs/youth/lgbtq/resources-youth.php

THE CENTER
208 W 13th St, New York
212-620-7310 / Mon-Sat: 10am-10pm; Sun: 10am-8pm
https://gaycenter.org/recovery-health/health/lgbt-health-network/
Crisis Hot/Helplines
Ayuda/Lineas Directas de Crisis

BULLYING HELPLINES
Text HOME to 741741 / 1-800-273-8255 ~ https://www.stopbullying.gov/

CHILD PROTECTIVE SERVICES: 1-800-342-3720 ~ https://ocfs.ny.gov/programs/cps/
Boys Town National Hotline: 1-800-448-3000.
Cyber Tipline: 1-800-843-5678 ~ https://report.cybertip.org/

EATING DISORDERS HELPLINE
Call: 800-931-2237; Text: 1-800-931-2237
https://www.nationaleatingdisorders.org/help-support/contact-helpline

LONG ISLAND COUNSEL ON ALCOHOLISM AND DRUG DEPENDENCE (LICADD) - see COUNSELING SERVICES
24/7 Hotline: 631-979-1700

NASSAU COUNTY HELPLINES: 516-227-TALK 8255

NATIONAL SUICIDE PREVENTION LIFELINE
https://988lifeline.org/ ~ 1-800-273-8255; or 988

NATIONAL SEXUAL ASSAULT CRISIS HOTLINE
https://www.rainn.org/ ~ 1-800-656-4673

NATIONAL DOMESTIC VIOLENCE HOTLINE
Text START to 88788; https://www.thehotline.org/ ~ 1-800-799-7233

NYC HEALTH & HOSPITALS
https://www.nychealthandhospitals.org/services/lgbtq-health-care-services/
LGBTQA Helplines: https://www.cdc.gov/lgbthealth/health-services.htm ~ 1-800-246-7743

NY STATE COALITION AGAINST SEXUAL ASSAULT
https://www.nyscasa.org/ ~ 518-482-4222

PLANNED PARENTHOOD
(see COUNSELING SERVICES)
(Emergency contraceptives, STD testing, treatments, vaccinations, HIV services, abortion, birth control, men & women's healthcare services)

STALKING HOTLINE
FREE TAX RETURN PREPARATION
Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs offer free basic tax return preparation to qualified individuals.